

RESOLUTION 2021 - 175

A RESOLUTION OF THE BOARD OF COUNTY COMMISSIONERS OF NASSAU COUNTY, FLORIDA, PROCLAIMING SEPTEMBER 2021 AS NATIONAL SUICIDE PREVENTION AWARENESS MONTH.

WHEREAS, September is known around the United States as National Suicide Prevention Awareness Month and is intended to help promote awareness surrounding each of the Suicide Prevention resources available to us and our community. The simple goal is to learn how to help those around us and how to talk about suicide without increasing the risk of harm; and

WHEREAS, suicide can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and

WHEREAS, according to the Center for Disease Control, in 2019, 47,500 deaths occurred in the United States as a result of suicide; and

WHEREAS, suicide is the 10th leading cause of death among adults in the US; the 2nd leading cause of death among individuals aged 10-34; the fourth leading cause of death among individuals aged 34-54; and the fifth leading cause of death for individuals aged 45-54; and

WHEREAS, according to the CDC in 2019, 12 million American adults had serious suicidal ideations, 3.5 million adults who had an identified plan, and 1.4 million adults who had a suicide attempt; and

WHEREAS, Nassau County is no different than any other community in the country, but chooses to publicly state and place our full support behind local educators,

mental health professionals, athletic coaches, pack leaders, police officers, and parents, as partners in supporting our community in simply being available to one another; and

WHEREAS, local organizations like Starting Point Behavioral Healthcare and national organizations like the National Alliance on Mental Illness (NAMI) and the American Foundation for Suicide Prevention (AFSP), are on the front lines of a battle that many still refuse to discuss in public, as suicide and mental illness remain too taboo a topic to speak on; and

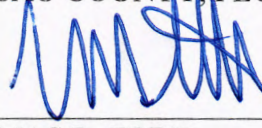
WHEREAS, every member of our community should understand that throughout life's struggles we all need the occasional reminder that we are all silently fighting our own battles; and

WHEREAS, the Board of County Commissioners encourages all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors over the next few days and to genuinely convey their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.

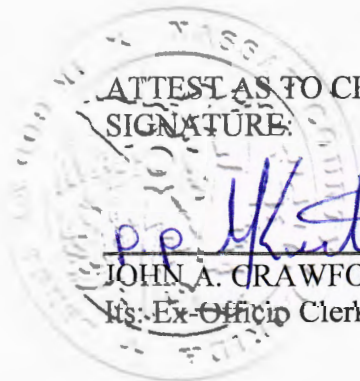
NOW, THEREFORE, BE IT RESOLVED this 13th day of September, 2021, by the Board of County Commissioners of Nassau County, Florida, that:

1. The Board is committed to spreading awareness about suicide prevention and resources available to the community.
2. The Board hereby proclaims September 2021 as National Suicide Prevention Awareness Month.

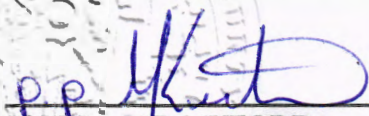
BOARD OF COUNTY COMMISSIONERS
NASSAU COUNTY, FLORIDA



THOMAS R. FORD
Its: Chairman

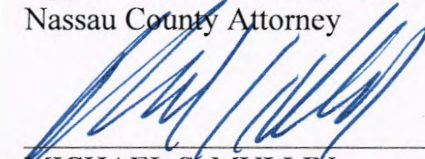


ATTEST AS TO CHAIRMAN'S
SIGNATURE:



JOHN A. CRAWFORD
Its: Ex-Officio Clerk

Approved as to form by the
Nassau County Attorney



MICHAEL S. MULLIN